



# BROWN HAD MOVES LIKE JAGGER FIRST

ICON DISCUSSES HIS GODFATHER OF SOUL BIOPIC. PAGE 09



# metro

BOSTON Wednesday, July 30, 2014 www.metro.us



## Go behind the mask

**Community.** As a unique cast of characters prepare to storm Faneuil Hall for the Boston Comic-Con Costume Contest, Metro explores the allure of cosplay, short for costume play. Find out why some spend thousands. PAGE 02

Raymond Ramos, of New Bedford, shows off his homemade Bane costume from "Batman." Ramos spent two weeks preparing the costume for last year's Comic-Con. / NICOLAUS CZARNECKI, METRO

**Hubway bicyclist run  
over by garbage truck**

PAGE 03

**See all Shakespeare's  
plays in 90 minutes**

PAGE 10

**Get extra expressive  
with your duvet cover**

PAGE 11

nrg.  
Home  
SOLAR

"Solar is the  
biggest no  
brainer in  
the history  
of the  
world."

**Bill Walton**  
NRG Home Solar



**FREE Home Solar**  
Installations for qualifying homes in Boston

**800-317-2481**

NRG Home Solar offers you the option to go solar for as little as \$0 down or you can lower your monthly lease payment with a down payment. Consult your solar specialist to determine your eligibility. Financing terms, pricing and services vary based on customer credit, system size, utility rates and available rebates and incentives. System performance subject to several factors including location, roof and shading. Savings from solar electricity costs not guaranteed. Bill Walton is a paid spokesperson. NRG Home Solar is a service mark of NRG Energy, Inc. © 2014 NRG Home Solar. All rights reserved. NRG MA 170279.



# 1

## NEWS

### Grocery feud

#### Board: Arthur T. not only bidder for Market Basket

Despite reports that ousted CEO Arthur T. Demoulas is the only bidder to buy Market Basket, the company's board said on Tuesday that his bid is just one alternative. Demoulas' bid was the only one left on the table, according to the Globe. However, a statement from Market Basket said Demoulas' bid is just one option.

ARTHUR T. IS OUR CEO

### Today's tweet

"Everytime i cross the bridge from southie to the south end i think of the #simpsons when lisa goes to shelbyville to hang with bleeding gums"

All that's missing for @nino\_al is the sound of a saxophone.

### Politics

#### Mayor defends convicted probation commissioner

Boston Mayor Martin Walsh said Tuesday he doesn't think former probation commissioner John O'Brien was guilty of rigging the department's hiring system.

O'Brien was convicted last week of racketeering, wire fraud and conspiracy after a jury was presented with evidence that jobs were ensured to go to politically connected individuals.

Walsh told WGBH "you can't have a rigged system" and that hiring "has to be clearly above board" because public money goes into it. **SHNS**

### Allegations

#### Boston man accused of rape at Keith Urban concert

A Boston man has pleaded not guilty to forcible rape after his arrest last weekend at a Keith Urban concert at the Xfinity Center in Mansfield, where 50 people were arrested and 46 were treated for alcohol-related illnesses.

The Sun Chronicle reported that Sean Murphy, 18, is accused of leading a 17-year-old girl he met at the concert to a grassy area where he allegedly raped her.

His lawyer said the sex was consensual. Police believed both had been drinking. **METRO**

### Mosquitos

#### West Nile found in Boston

For the first time this summer, a mosquito pool in Boston has tested positive for West Nile Virus, according to the Boston Public Health Commission.

Tests performed earlier this week confirmed one positive mosquito pool in Jamaica Plain, however there have been no recorded human cases of mosquito-borne illnesses in Boston this year. West Nile Virus is commonly transmitted to humans by mosquitoes, but it poses very low risk to most people. **METRO**



Last year's Boston Comic-Con had its fair share of characters. / NICOLAUS CZARNECKI, METRO AND BERN ROBLKS



# Cosplay culture comes to Boston

**Faneuil Hall.** Today Comic-Con hosts its 2nd annual Costume Contest at Faneuil Hall Marketplace.

Vivacious vixens, villains and superheroes will descend on Faneuil Hall today, proving that cosplay, short for costume play, is alive and thriving in the Hub.

The second annual Boston Comic-Con Costume Contest kicks off at 11:45 a.m. at Dick's Last Resort, giving a taste of what's to come at the much larger Boston Comic-Con which opens next weekend at the Seaport World Trade Center.

Mark Sylvia, 22, of Bridge-water snagged first place in last year's contest for his Halo Spartan 051 costume.

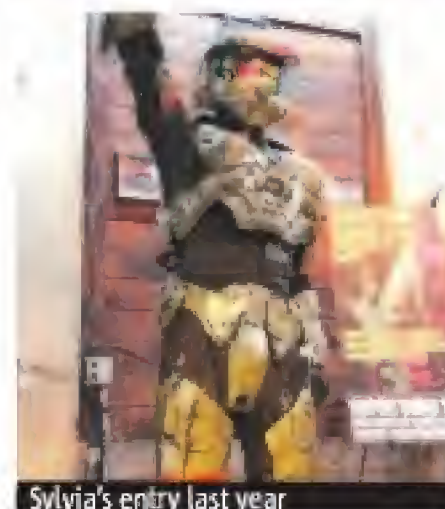
"Ever since I was young, I've enjoyed imitating actors," said Sylvia, one of the contest's judges. "With cosplay, you act the part, and you can play any character you want. After a couple of years of cosplay I started putting together more in-depth costumes."

Sylvia's Spartan 051 costume, which was created by his friend Chris Neitlich, cost about \$1,500 and required four days of work. But those numbers are not uncommon among serious cosplayers, according to cosplay star and contest host Pat Covey.

The allure of cosplay in-



Cosplayers battle it out as Harley Quinn and the Dark Knight.



Sylvia's entry last year

volves more than just an appreciation for impressive costumes and women in tight leotards, according to Covey.

"When you're growing up, you have a lot of superheroes that you look up to. You want to be Batman or Superman, but you're not," said Covey, whose cosplay career began with Master Chief from Halo

and Spider-Man. "Cosplay came around and opened up this whole realm of opportunities for people to become these characters."

Contestants will be judged on craftsmanship, as in the quality of the costume, likeness, how much a costume resembles the character, and presentation, or the acting aspect.

The level at which someone embodies a character is what separates simple "costumers" from "cosplayers," Covey said, adding that the cosplay army seems to be growing with every comic convention.

"Twelve years ago you might have seen some 10 people in costume at most at the local conventions. Now at least 50 percent are in costume."

### If you go

Keep it classy. Contestants of all ages are encouraged to dress up as their favorite superhero, comic book character, but costumes should be family friendly. The event is free and open to the public.

• **When:** 11:45 a.m. to 1 p.m.

• **Where:** Dick's Last Resort at Faneuil Hall Marketplace

• **The parade** will begin at 12:15 p.m.

• **Final winners** will be announced at 12:45 p.m.

• Today's contest paves the way for the 8th Annual Boston Comic-Con, a three-day convention at the Seaport World Trade Center on Friday that will run Aug. 8 through Aug. 10.

• **First-place prize:** Two VIP passes to Boston Comic-Con

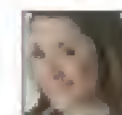
• **Second-place prize:** \$100 Dick's Last Resort gift certificate.

• **Third-place prize:** \$50 Newbury Comics gift certificate.

### Quoted

"Cosplay came around and opened up this whole realm of opportunities for people to become these characters. Your size, age, ethnicity, gender doesn't matter. Anyone can embody a role."

Pat Covey, cosplay star and an organizer for Boston Comic-Con.



MORGAN ROUSSEAU  
@MetroMorgan  
morgan.rousseau@metro.us



## Cycling. Bike rider gets trapped beneath truck

A cyclist was seriously injured Tuesday morning when he became trapped under a garbage truck while riding in the South End.

Boston police and fire crews were called to the intersection of Massachusetts and Columbus avenues at about 10 a.m.

The male rider, who was not identified, became trapped under a compactor truck, according to the fire department. The man was riding a Hubway bicycle, which could be seen severely damaged under the truck.

Fire crews had to conduct a technical rescue and use their extrication tools to lift up the front end of the truck to get the man out.

A Boston police spokesman said Tuesday afternoon that the incident was under investigation and that there was no word on any charges. The cyclist suffered injuries that were not life-threatening, police said.

MICHAEL NAUGHTON



The scene / NICOLAUS CZARNECKI, METRO

### Similar crash

Tuesday's crash happened not far from another incident involving a cyclist and a truck.

- A woman riding a bicycle was hit by a truck near the intersection of Massachusetts and Westland avenues on July 8, according to Boston magazine. The woman was treated at Boston Medical Center.



## Troy topped off on Traveler

Construction crews gathered at the base of the Troy Boston building on Traveler Street on Tuesday to watch a topping off ceremony celebrating the placement of the structure's final steel beam. The future residential and retail site is just one of the many new buildings going up in the South End. / NICOLAUS CZARNECKI, METRO

## Court. Man suspected of kidnapping NH teenager held on \$1 million bail

The man accused of kidnapping Abigail Hernandez was ordered held on \$1 million bail during his arraignment on Tuesday.

Nathaniel Kibby, 34, appeared in court, as did Hernandez, the now 15-year-old girl he is accused of kidnapping.

He was arrested on Monday and is due back in court for a probable cause hearing next month. Hernandez, appearing unshaken, sat in the front row with her mother.

Authorities released few details about Hernandez's disappearance that occurred about nine months ago and sudden reappearance earlier this month.

New Hampshire Attorney General Joseph Foster spoke after the arraignment. He said it is the work of the law enforcement agencies, vigilance of the community and "likely Abigail's own actions," that led to her safe return. MICHAEL NAUGHTON

### Pizza time

## Frank Pepe's to come to Brookline

A famous and popular Connecticut pizzeria will open a location in Brookline.

Frank Pepe's, which was founded in New Haven, plans to open a location in the

Washington Square neighborhood of Brookline, according to the Brookline Tab.

The eatery will open in the spot occupied by The Fireplace. The Fireplace's owner said he will concentrate on his catering business. METRO

Imagine ...

a world free of glasses & contacts.  
(even those pesky reading glasses)

The Nielsen Eye Center Offers Full Range of Vision Correction  
Customized All Laser LASIK

Ask about our Summer Special of **\$1,150 OFF\* LASIK**  
Simply mention this ad to receive the discount.

**Be less Dependent on glasses and experience life to its fullest!**

**Schedule your Free Consultation Today!**

Visit [golasik.net](http://golasik.net) or Call 877.373.2020

300 Congress Street Quincy, MA



[facebook.com/golasik](https://facebook.com/golasik)

\*cannot be combined with other discounts and includes both eyes.

The Nielsen Eye Center is a Full  
Service Vision Center Offering:

- All Laser Customized LASIK
- Laser Cataract Surgery
- Dry Eye Treatment • Cosmetic Procedures
- Diabetic Retinopathy • Routine Eye Exams
- Macular Degeneration/Glaucoma • Clinical Trials



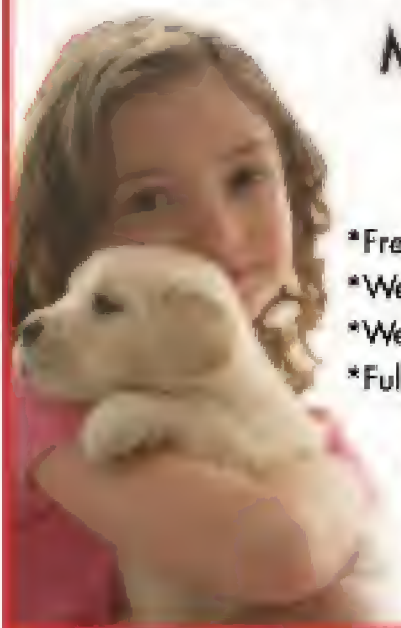
## DONATE YOUR CAR

### Wheels For Wishes

Benefiting

MAKE-A-WISH.

Massachusetts and  
Rhode Island



- \*Free Vehicle Pickup ANYWHERE
- \*We Accept All Vehicles Running or Not
- \*We also accept Trucks, RVs, SUVs & Boats
- \*Fully Tax Deductible

**WheelsForWishes.org**

**Call: (617) 701-7647**

## PSYCHIC... PALM & TAROT CARD

Readings By **Gianna**

HELP SOLVE ALL PROBLEMS WITH LIFE

CALL NOW 617-234-4474

10 Pleasant St. Unit 1 • Cambridge, MA, right off Mass Ave & Central Sq.

metro

### Crime

## Feds: Texas man sent white powder to Boston schools

A North Texas man who is accused of sending hoax letters containing white powder to 28 Boston public schools in June 2013 was arrested Monday, federal authorities said.

Hong Minh Truong, 66, allegedly sent more than 500 similar letters to schools, government offices, day care centers and other locations in the U.S. and around the world over the last six years.

Truong was charged in a criminal complaint with false information and hoaxes.

He will return to court for a detention hearing on Aug. 4.

"While it was determined that the mailings did not contain toxins or poisons, each incident required a field screening of the letter's contents, which cost taxpayer dollars and diverted first responder resources," Diego Rodriguez, special agent in charge of the FBI's Dallas office, said. **METRO**

# Whale watch trip stranded overnight



The Boston Harbor Cruise boat Cetacea remained docked in Charlestown Tuesday after being stranded out at sea with passengers overnight. / NICOLAUS CZARNECKI, METRO

**Boston.** More than 150 passengers had to spend the night stuck at sea.

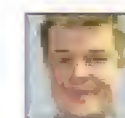
More than 150 passengers had to spend the night on board a whale watch boat after it became stuck in the waters off of the Bay State coast.

The Cetacea, operated by Boston Harbor Cruises, became disabled at about 4:30 p.m. Monday, 13 miles off of Nahant, according to the U.S. Coast Guard. The boat's propeller became entangled in a cable from LNG company Northeast Gateway's offshore facility.

"Initial attempts by the divers to clear the line from the propeller were unsuccessful," the Coast Guard said.

Divers needed additional resources and heavy duty equipment to free the boat. Officials determined it was unsafe to transfer the 163 passengers after sundown, forcing them to stay there overnight. Crews gave them food and blankets, and Coast Guard vessels remained on scene.

Divers were able to free the boat at about 5:20 a.m. It returned to Long Wharf at about 8 a.m.



**MICHAEL NAUGHTON**  
@MetroBosMike  
michael.naughton@metro.us

### Reimbursement

Because of the unexpected overnight stay and lost hours, Boston Harbor Cruises not only refunded tickets for the passengers, but also gave them each a \$100 gift certificate and \$500 in cash, according to the Globe.

In a statement, a Boston Harbor Cruises spokeswoman told the Globe the boat had traveled into a "restricted navigation area" and that the company will cooperate fully with the Coast Guard's investigation.

## Injured? Let Us Help You.

FREE CONSULTATION • NO FEE UNLESS SUCCESSFUL



### Personal Injury Law

- Auto Accidents
- Asbestos Exposure
- Bad Drugs
- Death Cases
- Defective Products
- Slip & Fall Accidents
- Workers' Compensation

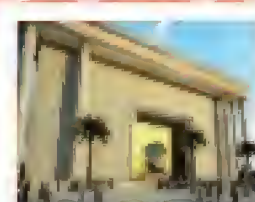
LAW OFFICES OF JEFFREY S.  
**JSG GLASSMAN LLC**

We Will Travel To You • Call Now - We Are Easy To Talk To!

**(617)-367-2900**

[www.jeffreysglassman.com](http://www.jeffreysglassman.com)

We Have Recovered Millions of Dollars For Our Clients



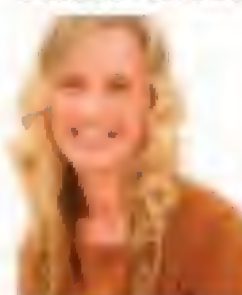
## THE DAY OF MIRACLE'S

With the Holy Oil from the Temple of Solomon

(CALL TO RESERVE YOURS FREE)

AUGUST 10<sup>TH</sup> AT 12:30PM

Pamela Carolan



I suffered with  
SCHIZOPHRENIA  
for many years.  
Today im healed.  
[see more at uckg.org](http://see more at uckg.org)

Saumu



This was me with  
stage 3 cancer.  
I thought i was  
going to die just  
like my sister died  
with cancer...

After participating  
in the day of Maricles  
i was healed from  
stage 3 cancer.

Maria Bautista



Depression took over  
my life.  
now im depression  
free and happy.  
[see more at uckg.org](http://see more at uckg.org)

763 Dudley st, Dorchester **for more info: 617-265-9069**



# Legalizing marijuana in US has not spurred use among teens

**Marijuana.** Alaska and Oregon are set to vote on legal recreational use in November.

A rise in marijuana use among U.S. teens over the past 20 years has no significant tie to the legalization of marijuana for medical use in many states, according to a new research paper.

Comparing surveys of marijuana use by adolescents conducted annually by the Centers for Disease Control and Prevention, researchers found the probability that a high schooler had used pot in the last 30 days was no more than 0.8 percent higher in legal states compared to states that had not approved medical marijuana.

"Our results are not consistent with the hypothesis that the legalization of medical marijuana caused an increase in the use of marijuana among



Kelsey K., left, and Austin Labry from New Orleans check out the selection at Denver Kush Club. / GETTY IMAGES

**Peak use in 1979**

## 51%

Use among 12th graders peaked in 1979 at 51 percent and fell to 22 percent in 1992. Use slowly increased after 1992 but has leveled since 2011.

high school students," D. Mark Anderson of Montana State University, Daniel Rees of the University of Colorado and Benjamin Hansen of the University of Oregon wrote.

Marijuana remains illegal under federal law. Some opponents of legalization are

concerned it will increase use among teens. According to Monitoring the Future, which has surveyed use since 1975, 36 percent of high school seniors surveyed in 2013 said they used pot in the last year.

REUTERS

**Pay up**

## More than a third of adults pursued by debt agencies

More than a third of U.S. adults have bad debt that has been handed over to a collection agency and their average debt in collections is \$5,178, according to a study published on Tuesday by the Urban Institute.

The authors of the report by the Washington, D.C.-based think tank said vicious cycles of bad debt can hold back families and entire communities.

"Most people wouldn't blink if told that the majority of Americans carry some debt. But they would be shocked to learn that reported debt in collections is pervasive and threads through nearly all communities," said

Caroline Ratcliffe, a senior fellow at the Urban Institute.

REUTERS



**NSA**

## Senate bill proposes sweeping curbs on surveillance

Senator Patrick Leahy introduced legislation on Tuesday to ban the U.S. government's bulk collection of Americans' telephone records and Internet data and narrow how much information it can seek in any particular search.

The bill, which has White House backing, goes further than a version passed in May by the U.S. House of Representatives in reducing bulk collection and may be more acceptable to critics who have dismissed other versions as too weak. REUTERS



NSA HEADQUARTERS AT FORT MEADE, MARYLAND / GETTY IMAGES

# LIVE IN THE ULTIMATE NEIGHBORHOOD



120+  
RESTAURANTS



150+  
SHOPS



20+  
ART GALLERIES



40+  
PARKS &  
COMMUNITY  
GARDENS



97  
WALK SCORE®

Harrison Court is now renting for immediate occupancy.



**HarrisonCourtBoston.com**

866-683-0874

761 Harrison Ave. Boston, MA 02118



# THIS IS THE SOUTH END



## Child migrants. Lawmakers worry about border security without vote for extra funds

Border security will probably suffer if Congress fails to act on President Barack Obama's request for extra money to cope with the explosion of child migrants into the Southwest, lawmakers and congressional aides warned on Tuesday.

Those concerns came as Republicans in the House of Representatives considered a severely scaled-back version of

the \$3.7 billion in emergency funding Obama has requested to deal with the border crisis.

The Immigration and Customs Enforcement agency is on pace to run out of money in mid-August, and U.S. Customs and Border Protection in mid-September, Homeland Security Secretary Jeh Johnson has said.

REUTERS



### House Speaker

## Boehner dismisses talk of impeaching President Obama

Republicans have no plans to begin impeachment proceedings against President Barack Obama, House Speaker John Boehner declared on Tuesday,

putting the blame on Democrats for stirring up tensions.

Boehner is, however, hoping this week to pass Republican legislation that would authorize a lawsuit, claiming Obama overstepped his powers in ordering unilateral changes to "Obamacare."

REUTERS

# US, EU announce new sanctions against Russia



President Barack Obama makes a statement on the situation in Ukraine on the South Lawn of the White House / GETTY IMAGES

**Measures.** They mark the start of a new phase in the biggest confrontation with Moscow since the Cold War.

The United States and the European Union on Tuesday announced further sanctions against Russia, targeting its energy, banking and defense sectors in the strongest international action yet over Moscow's support for rebels in eastern Ukraine.

In Brussels, diplomats said ambassadors from the 28-member European bloc agreed to restrictions on trade of equipment for the oil and defense sectors, and "dual use" technology with both defense and civilian purposes. Russia's state-run banks would be barred from raising funds in European capital

markets. The measures would be reviewed in three months.

German Chancellor Angela Merkel, who had been reluctant to step up sanctions because of her country's trade links with Russia, said the latest EU measures were "unavoidable."

Previously Europe had imposed sanctions only on individuals and organizations accused of direct involvement in threatening Ukraine, and had shied away from wider "sectoral sanctions" designed to damage its biggest energy supplier. REUTERS

### Quoted

"Russia's actions in Ukraine and the sanctions that we've already imposed have made a weak Russian economy even weaker." Obama

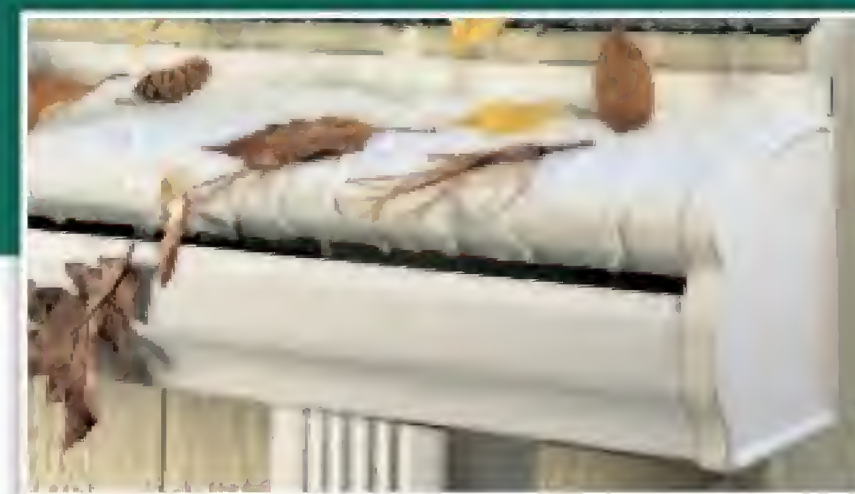
## Why Risk Cleaning Another Gutter?



**PROBLEM** - Traditional gutters clog with leaves and debris, damaging your roof, foundation, fascia and landscaping.

**RISK** - Cleaning out gutters is dangerous — falls are the number one cause of accidental death and injury around the household.

**SOLUTION** - LeafGuard will never clog, or we will clean them out for you for free, forever — *Guaranteed.*



## Free GUTTERS

FOR EVERY 5 FT. OF GUTTER GET 1 FT. FREE\*

0 INTEREST, 0 PAYMENTS FOR 12 MONTHS

\* Minimum purchase required. Not valid with any other offer, or previous job. Present offer at time of estimate. Exp. 8/31/14

# 617-849-7543

ENGLERT  
**LeafGuard®**  
By BELDON HOME SOLUTIONS  
LIFETIME WARRANTY / FULLY TRANSFERABLE





## San Francisco. Sex website seizure spurs bid to make prostitution legal

The head of San Francisco's Erotic Service Providers Union has been a sex worker for 24 years. "I hope to be doing it for another 24," says Maxine Doogan.

But she dreams of a future when she won't be treated like a criminal and could earn a little respect in the city that launched the fight for sex worker rights 41 years ago.

Calls by Bay Area sex workers for decriminalizing "consensual" prostitution have been spurred anew following the FBI seizure of a West Coast sex services website that prosecutors say hooked up clients with prostitutes and that sex workers saw as a vital forum to screen for safety.

The shutdown in June of MyRedBook.com left local sex workers scrambling for business and worried about their safety.

The fight for sex worker rights was launched in 1973 by feminist and self-described prostitute Margo St. James



Margo St. James started the sex worker rights organization COYOTE in 1973. / GETTY IMAGES

### Quoted

**"With no place to interact with clients or one another online, workers are driven back to the street where they're far more vulnerable to violence."**

Nadia Kayyali, of the advocacy group Electronic Frontier Foundation

with COYOTE organization, "Call Off Your Old Tired Ethics."

But the battle in San Francisco has lost ground in recent years in the face of the influence of religious conservatives, continued opposition by some feminists and the repeated link made by law enforcement between prostitution and sex trafficking, activists say.

Sex workers say decriminalizing prostitution would be the best way to fight trafficking by ending the black market and allowing women to report crimes against them.

MyRedBook.com hosted coded customer reviews and advertisements for sexual services, according to prosecutors, and its operators have been charged with facilitating prostitution.

The website was linked to MyPinkBook.com, where sex workers shared information about health and financial concerns, violent clients and community resources. **REUTERS**

## "New England Baptist Hospital, The MCAD, And Me" by George Voight, Jr.

Several years ago, I filed a complaint with the Boston office of the Massachusetts Commission Against Discrimination regarding my then-recently-separated-from employer, New England Baptist Hospital, because NEBH had refused to accommodate my chemical sensitivity to the off-gassing toxic chemicals often found in new/newer wall-to-wall carpeting---which existed in the building where my department had a few months earlier been relocated---by allowing me to temporarily remain working in an area with older carpets. And it had refused to do this even though I had disclosed my problem to the hospital before I was hired. Then, after almost two years---and after my complaint had been transferred to three different Boston office investigators---a Springfield office investigator(?), although conceding that "the newly installed carpets triggered complainant's reactions," nonetheless issued a Lack of Probable Cause Finding against me.

In this Finding, the investigator ruled that "the evidence shows the Hospital was undergoing renovations at all locations," even though I had submitted an article to the MCAD from an NEBH newsletter, published shortly before the move, which indicated that five to six fully equipped workstations were being set up in the basement of the hospital---which had not been newly carpeted---specifically to accommodate any soon-to-be relocated employees who would be temporarily working back at the main facility after the move. The investigator also ruled that "the evidence shows... Complainant voluntarily left his position," even though the Department of Transitional Assistance had determined a month before I filed my complaint that I had left my job INVOLUNTARILY.

Additionally, the so-called "evidence" referred in the Finding wasn't evidence at all. It consisted of a Position Statement from NEBH (a narrative of its version of events) and a series of answers from the hospital to 17 interrogatories submitted to it by the MCAD. The problem with these submissions? Both the Position Statement and the interrogatory responses were written by an attorney for NEBH and were sworn to as true by a V.P. of Human Resources from the hospital, Linda Thompson, neither one of whom had any firsthand knowledge concerning the events which had caused me to leave my job because, apart from listening to Ms. Thompson speak at an orientation seminar, I had never met or spoken to either of these people in my life. So this so-called "evidence," as it pertained to the events outlined in my complaint, was nothing more than parroted, secondhand information or, to use the legal term, hearsay, which even Judge Judy doesn't allow in her television courtroom.

Yet the MCAD didn't request a single confirming statement from any of those hospital employees who DID have firsthand knowledge regarding the events outlined in my complaint, which it had the legal authority to do. And it KNEW that Ms. Thompson had no direct knowledge concerning those events because in response to interrogatory #4, which asked who at the hospital knew what and how they knew it, NEBH's attorney wrote about Ms. Thompson---and Ms. Thompson swore to---this: "Basis of knowledge: Ms. Thompson has knowledge REGARDING HER COMMUNICATIONS WITH OTHERS as to complainant's medical condition and potential accommodations" (my caps.), the very definition of hearsay. Moreover, the oath which Ms. Thompson signed attesting to the truthfulness of the Position Statement contained several qualifying statements, such as: "New England Baptist Hospital reserves the right to make ANY changes in or additions to the Statement if it appears AT ANY TIME that errors or omissions have been made therein..." (my caps.), rendering this so-called "oath" both meaningless and legally unenforceable. Yet the MCAD accepted it as valid, nonetheless. (The purpose of attaching an oath to a written statement is to affirm that the signer possesses direct, firsthand knowledge concerning the subject matter contained in that document, not to provide cover for possible future changes to it.)

So the MCAD ruled against me based on...nothing, legally speaking. (And being represented by an attorney did nothing to prevent that outcome, by the way.) But why should you care about any of this? Because, per Massachusetts law, all employment discrimination claims MUST be filed with the MCAD. So someday you could be asking yourself this vexing question: Do I want the Massachusetts Commission Against Discrimination, a surrogate court, in effect, which does not adhere to the rules of evidence observed by the Commonwealth's legitimate court system, to adjudicate anything for me?...And what about NEBH? Well, who is more responsible for this legal cow pie, the catcher of the bullsh\*t or the pitcher of the bullsh\*t (or should I say cow sh\*t)?

[gvoightjr57@gmail.com](mailto:gvoightjr57@gmail.com)

# Painful Varicose Veins?

Now is the time to take care of it! Varicose veins are MORE than just a cosmetic problem. They can also be a warning sign of a condition called Venous Insufficiency that kills over half a million people every year.

### Do you have any of these symptoms?

Varicose Veins	Heaviness and Swelling
Spider Veins	Skin Discoloration
Itching and Burning	Ulcers and Blood Clots
Leg Pain and Cramps	Problem Walking For Long Distance

### USA Vein Clinics Will help!

With a non-surgical, minimally invasive, painless procedures, that take only 15 minutes!

**Newest Non-Laser Technique For Varicose Vein Treatment called ClarVein Now Available at USA Vein Clinics**

Medicare and most insurances accepted!

**Trust Your Legs Only To Top Specialist!**

- Named "Best Vein Center" and "Leader in Health Care" five times!
- Pioneer in modern vein treatment techniques.
- Nation's only coast-to-coast vein clinic.
- Doctors Staff Include Board-Certified, Harvard and Stanford Trained Specialists
- Nation's Top Vein Clinic, no other clinic can boast such excellence in vein care

**USA Vein Clinics**

Do not commit to any other vein center without getting an evaluation from USA Vein Clinics. You will be very pleased you did.

**(617) 858-6870**

**1208B VFW Parkway, Ste 300  
West Roxbury, MA 02132**

**121 Broad Street, Lynn, MA 01902**



# 2

## CULTURE

### THE WORD

Ned Ehrbar takes on the world of gossip.



**NED EHRBAR**  
@Nedrick  
ned.ehrbar@metro.ju



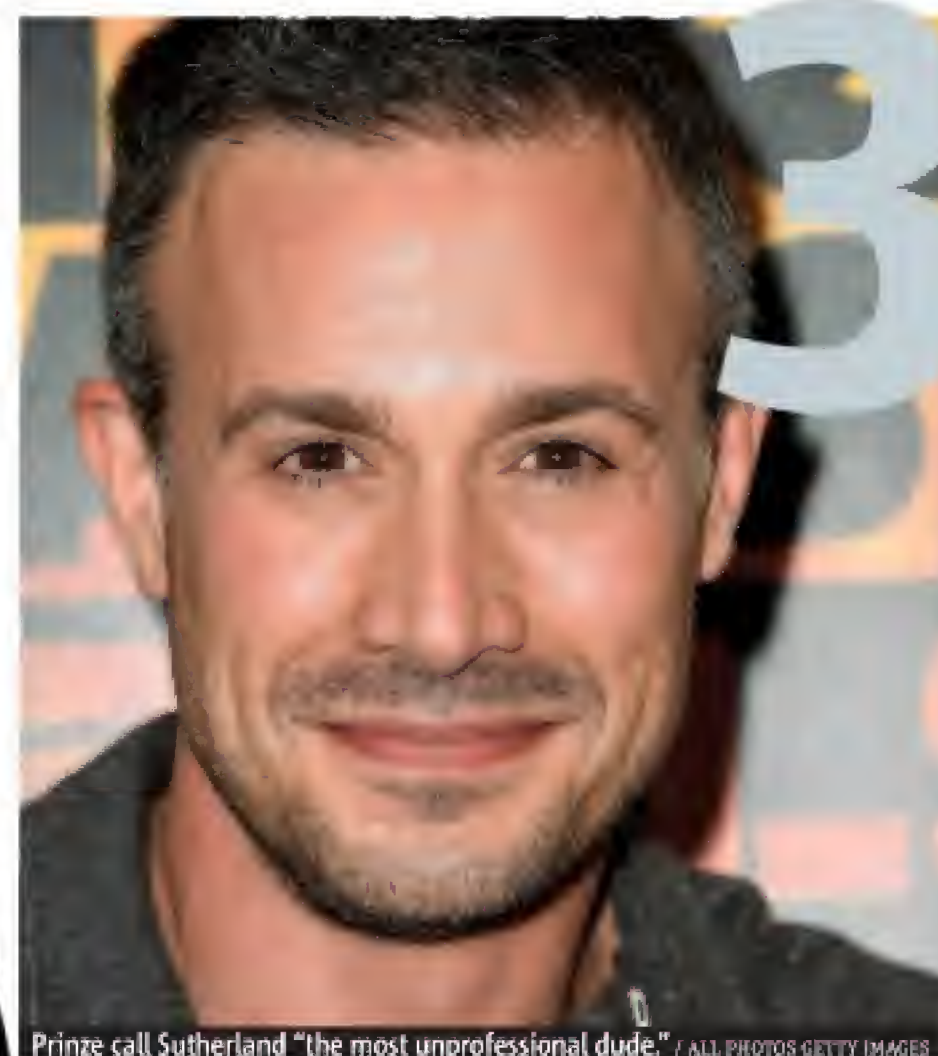
## Lohan's quotes come at a cost

A girl's got to make a living, right? While visiting Austria recently for a gala, Lindsay Lohan was reportedly asked to do an exclusive TV interview, to which she gladly agreed — as long as they'd pay her 30,000 euros for the appearance. Now, it's not out of the ordinary for talk shows to pay famous guests an appearance fee, but yikes. Forty grand? In euros? Maybe she was going to finally reveal the secret of why people like Kombucha. Anyway, Lohan clearly knows what she's doing, because the TV folks paid up.

## Zack and Cody can legally drink now

Here, this should make you feel sufficiently old: Remember little Ben, the son of Ross on "Friends"? Or the kid who learned about public urination from Adam Sandler in "Big Daddy"? Well, he's 21 years old now. That's right, Cole Sprouse — and his identical twin brother,

Dylan, naturally — is now of legal drinking age. The twins might be more familiar to younger readers as Zack and Cody from Disney's "The Suite Life of Zack and Cody," which is fine. Even younger readers should get to feel shockingly old from time to time.



Prinze call Sutherland "the most unprofessional dude." / ALL PHOTOS GETTY IMAGES

## Freddie Prinze Jr. trashes Kiefer Sutherland

If you're wondering where Freddie Prinze Jr. has been for the last few years, it's sitting at home and seething about Kiefer Sutherland. The "She's All That" star opened up to ABC News about how working on Sutherland's "24" almost drove him into early retirement. "Kiefer was the most unprofessional dude in the world. That's not me talking trash, I'd say it to his face. I think everyone that's worked with him has said that," Prinze says. "I just wanted to quit the business after that. So, I just sort of stopped. I went and worked for Vince McMahon at [professional wrestling organization] WWE, for Christ's sake. And it was a crazier job than working with Kiefer. But at least he was cool and tall. I didn't have to take my shoes off to do scenes with him, which they made me do. Just put the

**Quoted: Sutherland's**

**rep fires back**

"Kiefer worked with Freddie Prinze Jr. more than five years ago, and this is the first he has heard of Freddie's grievances. Kiefer enjoyed working with Freddie and wishes him the best."

guy on an apple box or don't hire me next time. You know I'm 6 feet and he's 5-foot-4." Prinze also says Sutherland would regularly show up to work drunk and sit in his trailer for hours, keeping everyone waiting.

## REIMBURSEMENT FOR YOUR TIME!



- Are you a **smoker? AND...**
- Do you use a **cane, wheelchair, scooter, walker or braces**, etc to help you get around?

## BE A PART OF A NEW RESEARCH PROGRAM!

### YOU WILL RECEIVE:

- A state-of-the-art research program about improving your health, reducing your stress, and if you're ready, information about quitting smoking
- 8 weeks of the nicotine patch at no cost!

You don't have to quit smoking OR leave your home to participate! You will be reimbursed for your time! [www.ableprogram.org](http://www.ableprogram.org)



**The Miriam Hospital**  
A Lifespan Partner

Call or email us today! Available for a limited time only!  
**401-793-8168** Or, Toll FREE: **1-855-401-ABLE (2253)**  
Email us at: [ABLE@lifespan.org](mailto:ABLE@lifespan.org)

## Veterans Taxi

Setting the standard in ground transportation

### Veterans Taxi Recruiting Fair! Hiring Many Drivers

#### Benefits:

- Full-time or Part-time positions
- Flexible Shifts
- Health Benefits + 401K
- Paid time off
- No leasing fees, and we pay for gas
- Brand New Fleet of Cars
- Company Paid Training
- Company Uniforms
- Generous Compensation



**When:** Tuesday August 5<sup>th</sup>, 2014

**Where:** **99 Cedar Street Waltham, MA 02453**

**When:** 9:30-4:00 p.m.

Please call or e-mail Samantha Molina to sign up 781-693-5372 or [smolina@veteranstransportation.com](mailto:smolina@veteranstransportation.com)

## Summer Classes - Starting Now



- Medical Assisting
- Dental Assisting
- Clinical Assisting
- Hospital Sterilization Technician
- Medical Billing and Coding
- Medical Office Administration

Try us without any cost!

Schedule to attend a class without any obligation.

**Brookline**  
320 Washington St.  
617-383-6058

**Malden**  
422 Main St.  
781-333-3542

Enter a new career in less than 6 months!  
Easy Payment Plans Available

[www.BCIedu.us](http://www.BCIedu.us)



**INDUSTRY SAVVY  
RIGOROUS STUDY  
INNOVATIVE TEACHING  
CUTTING-EDGE DEGREES**

Success is the language we speak.

Part-time programs offered evenings & online at BU's Metropolitan College.

**Saturday Open Houses**

Graduate: July 26, 10 a.m.

Undergraduate: August 2, 10 a.m.

Sign up at [bu.edu/met/info](http://bu.edu/met/info).

**BOSTON  
UNIVERSITY**

FILM

9

# Mick Jagger covers James Brown

The Rolling Stone dishes on his history with and movie about the Godfather of Soul. **MATT PRIGGE**

## His run-in with JB

There's a scene in the James Brown biopic "Get On Up" where the then-Mr. Dynamite (played by Chadwick Boseman) has a brief but rough run-in with The Rolling Stones. Brown had been scheduled to close out "The T.A.M.I. Show," a legendary 1964 live concert film packed with soul, rock and folk groups. Instead, he was bumped to second-to-last place, and the then-nascent Stones were given the closer. Brown retaliated by delivering the kind of set that's impossible to follow up, then strode past them, mocking them.

Brown is still getting the last laugh in the afterlife. "Get On Up" boasts Mick Jagger as a high-profile producer. Still, Jagger remembers the incident somewhat differently.

"James was a bit annoyed about not being the last one in the show," Jagger recalls. He knows this because he actually was the one forced to tell Brown the news. "I was the

fall guy. They said, 'Go and talk to him.' When you're 20, you say, 'Sure,' instead of saying, 'That's not my job. That's your job!' But when you're 20, you're like, 'Sure.'"



CHADWICK BOSEMAN PLAYS '70S JAMES BROWN IN "GET ON UP."  
D. STEVENS

## The one thing he stole

Jagger, of course, was already a Brown fan, but he tried not to completely rip off his stage style. "I could never do his dance routines, the way Chad does in this movie," Jagger admits. But he did try to take something: "The thing that impressed me was how he interacted with the audience. ... It's not just your performance; it's the interplay."

## His favorite Brown work

Jagger most adores the whole of his seminal "Live at the Apollo" record. "I loved every tune on it. I knew them all backwards. I knew all the intros and segues," he says. The record was, for a while, the only way he could experience Brown's act. "What was odd was that I had actually never seen him perform," he says. "I imagined the whole thing in my head."

## Making the film the best it can be

"I think this is a bit more than a generic biopic. It's telling a story about adversity. It's telling a story about someone who's single-minded. It's telling a story about how he's obsessed with making himself into somebody from nothing. It's about the price he has to pay for that. It could have been a fictional story." Jagger



Mick Jagger served as one of the producers on the James Brown biopic "Get On Up." / WIREIMAGE

Winners of America's Got Talent



OLATE DOGS

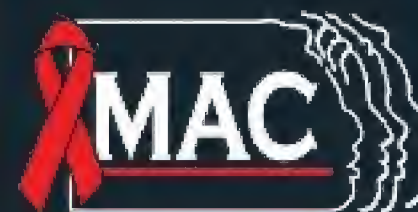
**Boston  
GREENFEST  
2014**

August 15-17  
Boston City Hall Plaza



[www.bostongreenfest.org](http://www.bostongreenfest.org)

**AIDS  
ACTION  
COMMITTEE**



**FENWAY  
HEALTH**

If you need access to resources and referrals regarding HIV, viral hepatitis, STDs, and your overall physical and mental health, call **617.267.0159** to talk to a counselor, or visit [www.fenwayhealth.org/doctorcox](http://www.fenwayhealth.org/doctorcox) to email a health professional.

This service is free and confidential.



# D'Amore-McKim Evening MBA

Join us for an online event.

Webinar August 7th at noon.

Join us to learn all about our program and to have your questions answered.

Register at [eveningmba.northeastern.edu](http://eveningmba.northeastern.edu)

Northeastern University

metro

www.metro.us  
Wednesday, July 30, 2014

TELEVISION & THEATER

10

## TV watch list

### COMEDY

#### 'Wilfred'

Wilfred (Jason Gann) faces a new enemy while Ryan (Elijah Wood) talks to his mother. What kinds of enemies does a talking dog have? Does he fight with other dogs, or is it more of a cat thing?

10 P.M., FX



DO YOU THINK JASON GANN IS LOOKING FORWARD TO GETTING OUT OF THAT DOG SUIT WHEN THE SHOW ENDS? BY KAT MCKINAW, EW

### DOCUMENTARY

#### 'My Wild Affair'

This episode looks at a family that adopted a baby rhino in the '60s. They lived in South Africa, not somewhere in the U.S., in case you were wondering where rhinos live in America.

8 P.M., PBS

### REALITY

#### 'Restaurant: Impossible'

A restaurant in Atlanta has somehow become known as a place only for Muslims. The rumor is keeping interested diners away.

10 P.M., FOOD  
LISA WEIDENFELD



You'll just have to see the show to figure out what's going on here. BY ROSS BROWN

## 'Brevity is the soul of wit' for Hub Theatre

**Review.** See all of Shakespeare's plays in one evening in this comedy.

Even if you've seen "The Complete Works of William Shakespeare (Abridged)" before, the Hub Theatre Company Boston's current production of the oft-produced comedy is a delightful way to beat the heat on a warm summer's evening.

Director Lauren Elias assembled a trio of actors who make the merriment feel fresh and new with their contagious enthusiasm and earnest commitment to the silliness of the parody.

In case you've somehow missed it, "The Complete Works," which originally enjoyed a nine-year run in London, compresses all of the Bard's plays into a 90-minute

comedy that culminates in the world's shortest performance of "Hamlet." The script encourages the actors to improvise, and the absence of the fourth wall gives them license to play freely with the audience.

Patrick Curran is charming in a multitude of roles, most notably in his turn as Romeo. Adam Laurer is a handsome Juliet, though his Ophelia is a sight to behold. Brooks Reeves is the glue holding the ensemble together even if he's only a "pre" eminent Shakespearean scholar.

The costumes and props give the production a perfect backyard kid show feel, while the flawlessly executed sound and lights remind you it's anything but. Elias' direction makes it look effortless despite her obvious attention to detail.

Spirited banter with the audience keeps you on your toes, and pop culture references, (especially one that compares the fate of a Shakespearean character to a former contestant on "RuPaul's Drag Race") make it feel contemporary.

Plan on arriving an hour before curtain time for a special treat. Michael Anderson's engaging one-man show "Hallucinating Shakespeare" and a couple of cold beverages (adult or otherwise) make the perfect pre-show warm-up.

NICK DUSSAULT  
@MetroBOS  
letters@metro.us

## DO YOU DRINK SODA, SPORTS DRINKS OR ENERGY DRINKS ?

### BASH: Beverages and Societal Health

Researchers at Boston Children's Hospital are studying how different drinks affect body weight and heart disease risk factors.



#### You may be eligible if you:

- Are 18 - 40 years of age (men and women)
- Drink sugary beverages (an average of 1 per day)
- Will be in the Boston area for the next year

#### Participants will receive:

- Deliveries of study beverages to your home at no cost
- Comprehensive body composition report
- American Express gift cards (up to \$300)



To learn more about this research study,

Call: 617-355-2500 w/ option 1

Email: [BASH@childrens.harvard.edu](mailto:BASH@childrens.harvard.edu)

Online: [bostonchildrens.org/BASH](http://bostonchildrens.org/BASH)



**Boston Children's Hospital**  
Until every child is well

#### If you go

### 'The Complete Works of William Shakespeare (Abridged)'

Through August 2  
Club Café  
209 Columbus Ave.  
\$20 or pay what you can  
[www.hubtheatre.com](http://www.hubtheatre.com)  
boston.org



# D'Amore-McKim Evening MBA

Join us for an online event.

Webinar August 7th at noon.

Join us to learn all about our program and to have your questions answered.

Register at [eveningmba.northeastern.edu](http://eveningmba.northeastern.edu)

Northeastern University

HOME 11

## Cord-hiding nightstand

Cords are the worst. Keep your bedside table looking sleek with this table that not only has room for a power strip inside, but allows you to run the cord through the back of the drawer and the back panel.

\$29.99

## Brand new life-changing Ikea products

Last week, the Swedish home decor brand unveiled its latest products, and while some are pretty standard, there are a few that will make your life a lot easier. Here, we round up the five must-haves to focus on next time you venture to the megastore. **EMILY LAURENCE**

## Towel hangers

These helpful hooks are the perfect way to add more towel hanging options to your bathroom without having to drill any holes. Not only do they add a pop of color, they take up less room than a hanging rack.



\$14.99 FOR A PACK OF FOUR

## Storage bed

Wish you had another closet? This piece is basically a bed and closet in one. Set up, it looks like a typical bed, but with one easy maneuver, it opens up to what is essentially a horizontal closet. You can fit a ton of stuff in there.



\$499 (FOR A QUEEN)



## Graffiti duvet cover

This duvet cover is basically a blank canvas for your own personal touch. You can create your own graffiti art on it using fabric dye or paint.

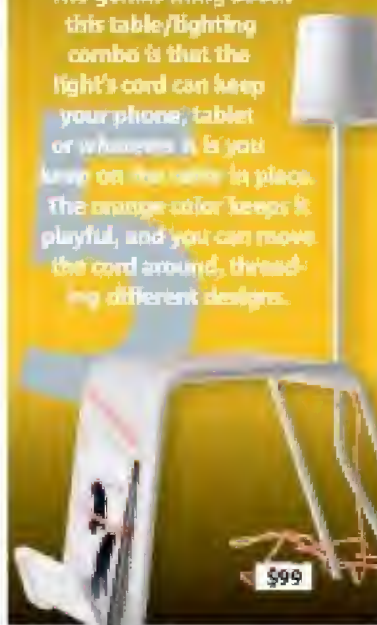
\$14.99



Two-in-one

## Side table with lighting

The genius thing about this table/lighting combo is that the light's cord can keep your phone, tablet or whatever it is you keep on the table in place. The orange color keeps it playful, and you can move the cord around, threading different designs.



\$99

140 CLARENDON RESIDENCES

A diverse and fun community



Total Annual Gross Income must fall between \$31,000 and \$41,100

\*No Full time students\*

## AMENITIES

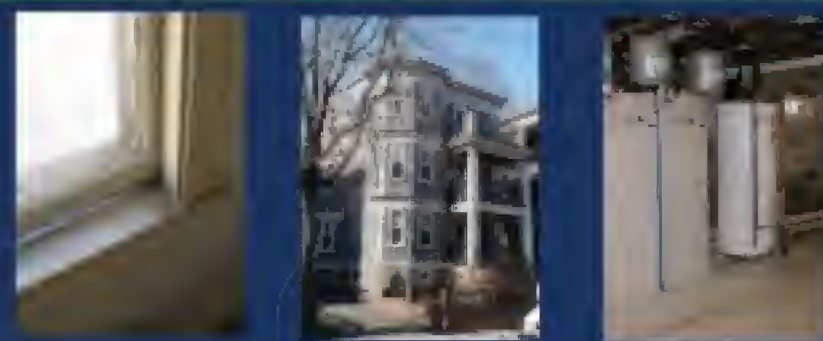
- Fully furnished rooms with private baths • Over-sized Windows to Enjoy Back Bay Views!
- Access to high-speed internet and cable TV
- Modern multi-use building in Boston's Back Bay Neighborhood
- Convenient Location- One block to Copley Place & Adjacent to Prudential Center (617) 585-5690 • Units Available! Call today to receive an application!

Maloney Properties Inc. does not discriminate on the basis of any protected status, including disability, in the admission of or access to, or treatment or employment in its programs and activities. Maloney Properties, Inc. provides persons with disabilities the opportunity to request a Reasonable Accommodation in order to apply to and participate in such programs and activities. Maloney Properties, Inc. also provides people whose primary language isn't English and as a result have limited English proficiency the opportunity to request free language assistance in order to apply to or participate in its programs and activities. Kathy Broderick coordinates Maloney Properties' compliance with all nondiscrimination requirements, including Section 504. Contact her with any questions or concerns relating to Maloney Properties' compliance with nondiscrimination requirements. Telephone: (781) 943-0900 x255, Relay 3711 or at Maloney Properties, Inc., 27 Mica Lane, Wellesley, MA 02481.

THE BOSTON HOME CENTER  
www.bostonhomecenter.com  
617-635-HOME (4663)



Summer is the Perfect Season To Fix Your Property!



Replace those Porches!  
Assess Your Energy Efficiency!  
Work on Your Home's Exterior!  
Make Your Home Lead Safe!

Summer is the time to make those needed home repairs. Get ready for winter -- Invest in your future comfort and safety.

Maybe we can help -- We've helped lots of your neighbors, after all.

The Boston Home Center:  
Learn What We Can Do For You.

City of Boston  
Mayor Martin J. Walsh



Department of  
Neighborhood  
Development





# INDUSTRY SAVVY RIGOROUS STUDY INNOVATIVE TEACHING CUTTING-EDGE DEGREES

Success is the language we speak.

Part-time programs offered evenings & online at BU's Metropolitan College.

Saturday Open Houses

Graduate: July 26, 10 a.m.

Undergraduate: August 2, 10 a.m.

Sign up at [bu.edu/met/info](http://bu.edu/met/info).

BOSTON  
UNIVERSITY

metro

www.metro.us  
Wednesday, July 30, 2014

STYLE & TECHNOLOGY

12

Shop

## Roland Mouret's sexy new collection for Banana Republic

HR, beware: The workplace is about to get a whole lot sexier.

The latest in the world of high/low designer collaborations has arrived. French designer Roland Mouret brings his sexy, fitted dresses to Banana Republic for a limited-edition capsule heavy on the brand's signature stretchy Sloan fabric.

"The common goal for this collection is to offer incredible fit through an assortment of hourglass silhouettes," says the designer, who is also focusing on "extending my love of structure into accessible prices." Score.

Based on the collaboration he did with Gap years ago, we can expect the nearly 30 pieces — ranging in price from \$49.50 for a belt to \$165 for a dress — to sell out as soon as they hit the racks Aug. 7. **METRO**



HAROLINA KURKOVA  
STARS IN THE  
CAMPAIGN.  
PROVIDED



Monty Python's The Ministry of Silly Walks app has you traversing, jumping, flying and ducking obstacles. / PROVIDED

# MONTY PYTHON'S LATEST (FUN) RIP-OFF

## The Ministry of Silly Walks

Platform(s): iOS, Android

Price: 99 cents

The remaining members of Monty Python have never been above drilling their back catalog for quick cash, even as they make fun of themselves for doing it. It's a brilliant move, endlessly repackaging "Holy Grail" and Spam jokes, particularly since about 75 percent of their original "Flying Circus" show is, for the masses, alienating. (Surely only a few

of us would be up for a good "Storage Jars" redo.)

Among the sketches to which they undyingly return is "Silly Walks," in which an otherwise poised and bureaucratic John Cleese strolls about urban environs with ridiculously grandiose moves that will be copied by nerds and the nerdish. Like the storied "The Parrot Sketch," it has (limited) crossover appeal. And sure enough, Python has brought it over to the realms of apps.

Not all of Python's rehashes have been successful, and

the Ministry of Silly Walks is definitely lazy. But it's also charming. The sketch has become a game, and the game is a riff on the runner game fad. You control a silly walker who only stops silly walking when he runs into things in his ever-straight path: thoughtlessly placed boxes, massive oil spills, broken light fixtures inexplicably dangling outdoors, jerkish pigeons.

And that's it! Technically this is a cynical cash-in — using a name to lure you into doing something completely

different. It's also strangely fun and strangely hard, as the only objective appears to be seeing how long you can do this without making a stupid mistake. The mentally agile will defeat it quickly, but for less dexterous people who don't mind being ripped off by comic geniuses once again, it's a jolly time-suck.



APP APPEAL  
MATT PRIGGE  
@mattprigge

## J.S.C. TRANSPORTATION JSC RECRUITING EVENT!!

### HIRING MANY DRIVERS!!

#### Benefits:

- Take home vehicle
- Free 7D training Class
- Already 7D licensed applicants get immediate offer
- Part-time split shifts
- Generous Compensation
- Rewarding Career
- NO Weekend work

When: Tuesday August 5<sup>th</sup>

Where: 99 Cedar Street Waltham, MA 02453

When: 9:30-4:00 p.m.

Please call or e-mail Samantha Molina to sign up 781-693-5372 or [smolina@veteranstransportation.com](mailto:smolina@veteranstransportation.com)

## Pictures. Instagram will battle Snapchat on the photo-messaging field

Snapchat, which allows you to send picture texts that automatically self-destruct after a few seconds, has been the world's favorite way to send naked pics since it showed up in 2012. Over the last few months, Instagram has been rumored to be prepping their own app to get a slice of that Carlos Danger pie. Those rumors are now fact.

Coming soon is Bolt, self-described as "one-tap photo messaging." Actual details are scant as, in a real ace move,

Instagram accidentally leaked the logo and header for the service a few days ago. It was quickly pulled, but not before screen-grabs were passed around the Internet. One cannot help but think, were they to be using a service that automatically erases picture photos, that would not have happened.

Bolt joins Facebook's recently launched Snapchat competitor Slingshot. Let the battle of the penis pics begin! **LAWRENCE BONE**



Instagram is getting into the Snapchat game with Bolt. / GETTY IMAGES



# Will this help you make smarter food choices?

## Eating habits

### How we got super-sized

Serving sizes began to change in the 1970s with a radical shift in how Americans eat, Maras says. "We went from eating in the home to eating outside, and we want to get more for our money," she explains. "Even the good stuff we're eating, we're eating too much of, because we're eating out so much." Case in point: American cabinets used to include fruit juice glasses. These 6-ounce cups had a single purpose: They held the one serving of juice that families drank per day. But fruit juices — with their sugar and calories — are now part of more meals and snacks.

## Nutrition labels.

We look at the four major changes in the FDA's redesign.

Who eats half a packet of ramen noodles? Yet that's the serving size listed on its nutrition label. The eating habits of Americans, most notably portion sizes, have changed since the nutrition label debuted in 1993. The Food and Drug Administration is in the process of revamping it to better reflect modern packaging, ingredients and consumption. The agency is soliciting public comments until Aug. 1.

We talked to Janice Maras, research manager of the Dietary Assessment Center at Northeastern University, about the main changes to the label and tips for eating smarter.

## Nutrition Facts

8 servings per container  
Serving size 2/3 cup (55g)

Amount per 2/3 cup  
**Calories 230**

% DV*	
12%	Total Fat 8g
5%	Saturated Fat 1g
	Trans Fat 0g
0%	Cholesterol 0mg
7%	Sodium 100mg
12%	Total Carbs 37g
14%	Dietary Fiber 4g
	Sugars 1g
	Added Sugars 0g
	Protein 3g
10%	Vitamin D 2mcg
20%	Calcium 260mg
45%	Iron 8mg
5%	Potassium 235mg

\* Percent Daily Values (DV) and calories reference to be used here.

The new label aims to make healthful eating easier. / FDA

EVA KIS  
@thisiskis  
eva.kis@melrose.us



Managing your calorie intake is simple math. / ALL PHOTOS GETTY IMAGES

## Vital stat

### Calories

The calorie count is getting even more prominent. Maras reminds us that although the recommendation of 2,000 calories a day is an average — women should generally consume less and men more — it's a useful guideline to keep track of how many calories each meal should contain. Breakfast, lunch, dinner and two snacks combined should ideally cap at 500 calories each. "When people think of [calories] as individual amounts, it gets more confusing," she says.

## Changing needs

### New nutrients

Vitamins A and C, which Americans are no longer deficient in, are being dropped from the label to make room for two new nutrients. Hypertension rates highlighted the importance of potassium, which boosts cardiovascular function. And contrary to popular belief, you cannot get enough vitamin D from spending 15 minutes a day in the sun. This deficiency, especially among obese people, is a concern given vitamin D's immune system benefits. But don't be fooled by good ingredients added to items such as yogurt-covered raisins. "You still have to eat a fruit. Don't eat candy and think it's a fruit," Maras says.



## Realistic portions

### Serving sizes

The biggest benefit of the new label, according to Maras, will be to reduce confusion by better reflecting how much people are actually eating in one sitting. (The current serving sizes were set according to food surveys done in the 1970s.) A pint of ice cream will be divided into two servings instead of four; a 20-ounce bottle of soda will be a single serving. A family-size bag of chips will have two labels — one per serving and one for the entire bag (so all of us



distractedly eating in front of the TV can feel appropriately guilty). "People need to see the truth," she says. "They're not going to really relate to a serving if that's not what they're eating."

## New to the label

### Added sugars

For the first time, labels will differentiate between naturally occurring and added sugars. And if you're drinking even one soda a day, you've likely hit the recommended eight-teaspoon limit for added sugars. "When you eat an apple, you get the fiber and you get the complex carbohydrates. It's digested



slowly and it's good for you," Maras says. "When you take that fructose out and put it in a liquid form, it becomes different." Your blood sugar spikes without the other ingredients to moderate digestion, she explains. Maras also wants the FDA to go further by creating a Daily Value for sugar to put it into the context of a healthy diet.

## Lose The Wrinkles

**Botox \$99**  
10 units per unit

Find More Specials at  
[www.melrosemedspa.com](http://www.melrosemedspa.com)

Canan Avunduk, MD PhD  
MelroseMedSpa.com  
781.620.2315

3 Miles from Malden center  
- By Taxi or Bus  
3 Blocks from Melrose  
Cedar Park

536 Lebanon St.  
Melrose, Ma.

Checkout our Website and like us on Facebook for More Specials

## Freeze the Fat Away

No Exercise • No Surgery • No Downtime

**\$100 off** coolsculpting

Now sculpting thighs! Remove  
25% of the fat permanently

## Veterans Taxi

Setting the standard in ground transportation

### Veterans Taxi Recruiting Fair! Hiring Many Drivers

#### Benefits:

- Full-time or Part-time positions
- Flexible Shifts
- Health Benefits + 401K
- Paid time off
- No leasing fees, and we pay for gas
- Brand New Fleet of Cars
- Company Paid Training
- Company Uniforms
- Generous Compensation



When: Friday August 1st, 2014

Where: **Courtyard Marriott Boston Logan Airport**  
**225 William F McClellan Highway, Boston, MA**

When: 9:30-4:00 p.m.

Please call or e-mail Samantha Molina to sign up 781-693-5372 or [smolina@veteranstransportation.com](mailto:smolina@veteranstransportation.com)

**Get \$2**

toward your next purchase  
when you pay with

**looped in™**

\$5 minimum purchase

[www.areyoulooped.in](http://www.areyoulooped.in)



ART

## 'Morning Market: The Work of Women'

Through Aug. 29

Multicultural Arts Center, 41 2nd St., Cambridge; Free, 617-577-1400;  
www.multiculturalartscenter.org

Painter Lori Lander's focus is women in traditional societies across the globe, going about their anonymous everyday lives, which she neither romanticizes nor denigrates — one feels this is not journalism but simply painting. She has a florid color pallet, so rich you can almost taste it, and a soft-focus realism somewhere between Edward Hopper and National Geographic.



Motherhood around the world is explored in Lori Lander's paintings. / LORI LANDER

MUSIC

## Boston Landmarks Orchestra ft. Boston Lyric Opera

Wednesday, 7 p.m.  
DCR Hatch Shell

47 David G. Mugar Way, Boston  
Free, 617-987-2000

www.landmarksorchestra.org

For this installment of their summer concert series at the Hatch Shell, the Boston Landmarks Orchestra welcomes the Boston Lyric Opera to perform fragments from Verdi's "La Traviata" and "The Force of Destiny," Mozart's "Don Giovanni," Rossini's "Cinderella" and others, plus a sneak peek at what the BLO is cooking up for its fall season.

BOOKS

## Noah Levine

Friday, 7 p.m.

Brookline Booksmith  
279 Harvard St., Brookline  
Free, 617-566-6660

www.brooklinebooksmith.com

Famous as the raging, self-destructive hardcore punk who found the Buddha and turned his life around, Noah Levine found surprising connections between the DIY punk ethos and the Dharma in his books "Dharma Punk" and "Against the Stream." In his latest, "Refuge Recovery," he describes a distinctly Buddhist method for addiction recovery as an alternative to the ubiquitous 12-step method.

THEATER

## 'Translations'

Saturday through Aug. 17  
Calderwood Pavilion

COMEDY

## 'The Pump and Dump Show'

Friday, 7:30 p.m.

Revere Hotel; 200 Stuart St., Boston; \$20, 617-457-2618;  
www.thepumpanddumpshow.com

This "parentally incorrect" comedy show, starring comedienne Shayna Fern and MC Doula, is aimed squarely at young mothers. You may feel guilty for being sick of your kid now and then, but it's perfectly normal and you'll find plenty of commiseration here. In fact, it's one of the things they promise, in addition to drinks, games, "inappropriate music" and prizes.



IF YOU'RE PUT OFF BY THE PICTURE, THIS MAY NOT BE THE SHOW FOR YOU.

PROVIDED

527 Tremont St., Boston  
\$18, 617 933 8600

www.bostontheatrescene.com

Bad Habit Productions brings us this play by Brian Friel, set in Ireland during the 1830s, when the British were in the process of Anglicizing the Irish language names of towns. A British military man falls for a local peasant girl and through her Irish culture, becoming opposed to the project — but his affair endears him to neither camp.

## 'Creative License'

Through Saturday  
Davis Square Theater  
255 Elm St., Somerville  
\$22-\$30, 508-930-6215  
creativelicensemusical.wordpress.com

This new rock musical, with book and lyrics by Kevin Cirone, host and writer for "Bye Bye Liver: The Boston Drinking Play," tells the story of a writer who tries to save his family pub with one

last show. The only drawback is he has to work with its crazy drama professor author and, even more awkwardly, his ex-girlfriend, who happens to be working for said professor.

FESTIVALS

## Salem Maritime Festival

Saturday, 10 a.m. to 4 p.m.

Derby Wharf

193 Derby St., Salem

Free, 978-740-1650

www.nps.gov/sama

Salem's maritime history often gets drowned out by the witch trials — no pun intended — and that's a real shame, since it's a much more important local legacy. At one time, little old Salem was among the busiest ports in the United States. This festival pays tribute to that legacy, with harbor tours, craft demonstrations, kids' activities, exhibits, live music and not a witch in sight.

VARIETY

## The Teaseday Club

Tuesday, 7:15 p.m.

Davis Square Theater

255 Elm St., Somerville

\$10-\$15, 800-838-3006

www.brownpapertickets.com

Sick of seeing boring old rock bands? Guitars, drums, angst — blah, we hear ya. Why not go vaudevillian? This installment of the Teaseday Club, a monthly variety show, features singer Alissa Coates, burlesque dancer Dagny Vanderlust, magician Joe LeDoux and comedian Rob Crean. Sounds much more amusing than your average Tuesday night, binge-watching old episodes of "Cake Boss" or "The Andy Griffith Show" on Netflix! BTW, both of those shows are actually available through the streaming service.

MATTHEW DINARO

BILL BLUMENREICH PRESENTS **THE WILBUR**

	<b>THE WINERY DOGS</b> AUGUST 1
	<b>FROM THAT METAL SHOW</b> EDDIE TRUNK • JIM FLORENTINE • DON JAMIESON AUGUST 2
	<b>MANHATTAN TRANSFER</b> AUGUST 8
	<b>THE CULT</b> AUGUST 13
	<b>#NOFILTER</b> GRACE HELBIG • HANNAH HART • MAMIE HART AUGUST 15
	<b>SULLIVAN &amp; SON TOUR</b> AUGUST 16
	<b>HUMAN NATURE</b> DIRECT FROM LAS VEGAS AUGUST 17

FOR TICKETS AND INFORMATION  
PLEASE VISIT **WWW.THEWILBUR.COM**

## The Weekly Yelp. Where are Boston's best hot dogs?

Frankly, you had 31 days to justifiably down dog after dog, and we're disappointed you didn't make better use of the time. Time to ketchup, you weiner. Get your buns in gear, and track these tubular tastes around town. (OK. We hit all the puns!)

### The Lower Depths

467 Comm. Ave., Boston

TLD's foot-long hot dogs are what you come here for. ... They come with insane toppings that will make you question why



anyone would ever eat a hot dog with just a little ketchup. To give you an idea, the "Boston Strangler" comes with sauteed onions and mac and cheese.

ANDREA B.

### Windy City Eats

407A Middle St., Weymouth

Who would have thought that such a gem would be found in the middle of nowhere? I had my first Chicago hot dog in Weymouth, and boy, was it delicious! WCE is an inconspicuous spot in the back of a strip mall with four chairs



inside and two tables outside with three benches attached to each. The hot dog is delicious.

MONIQUE S.

### Nene Hotdogs

700 Broadway, Everett

Oh my sweet gherkins, yes. I actually don't like hot dogs, but a friend of mine was raving about this place so I figured I'd try it. ... The bun they serve it on is fluffy and delish. In a sea of Brazilian restaurants and pizza joints, this is a nice addition to Glendale Square.

JENNIFER T.



### The Gaff

467 Moody St., Waltham

Great craft brew selection, small food menu with great options, and a nice atmosphere. ... My husband got the Gaff dog, which had candied bacon, caramelized onion and grilled pineapple. We will be back again.

Yelp has been connecting people with great local businesses since 2004. Sign up for weekly emails at [Yelp.com](http://Yelp.com)





## Horoscope

**♌ Leo | July 23-Aug. 22.**

You may be tempted to make a financial contribution to an unfamiliar institution. Don't part with your money unless you have proof that the cause is legitimate, or you could lose out.

**♍ Virgo | Aug. 23-Sept. 22.**

Make the most of your high energy level today. Get started on a new exercise routine and set up a proper diet plan. You will soon get the results you desire.

**♎ Libra | Sept. 23-Oct. 22.**

Find a position that will make good use of your talents. If you are in a dead-end job with no chance of promotion, consider other options available in your area.

**♏ Scorpio | Oct. 23-Nov. 21.**

If you are bored, try something new. Making a change in your appearance or surroundings should provide you with a worthwhile diversion. Entertain during the evening hours.

**♐ Sagittarius | Nov. 22-**

**Dec. 21.** Finish what you start. If you leave any loose ends, you will have to explain your lack of responsibility to a higher-up.

**♑ Capricorn | Dec. 22-Jan. 20.**

Social engagements will figure prominently today. The potential for meeting someone appealing is high if you attend a community event.

**♒ Aquarius | Jan. 21-Feb. 18.**

Scrutinize your legal and financial paperwork. Make sure that your documents are all up to date. It might be time to renew or revise some of your contracts.

**♓ Pisces | Feb. 19-March 20.**

Your intuition is strong today. You will be inspired if you visit an interesting location close to home. Get out and discover the sights around you.

**♈ Aries | March 21-April 20.**

If you have strayed off-course from your original goal, get back on track. Hard work is debilitating, but you must take time to finish projects.

**♉ Taurus | April 21-May 21.**

Gathering with friends and relatives will help you strengthen important relationships. Do something that allows everyone to participate on equal footing. Praise and compliments will be welcomed.

**♊ Gemini | May 22-June 20.**

Do whatever it takes to get in touch with an old friend. Arrange a short trip that will divert you from any discord occurring at home. Focus on positive affirmation.

**♋ Cancer | June 21-July 22.**

You can ease tension with colleagues and peers if you are patient and understanding. Steer clear of arguments, and make it a point to listen. **BERNICE BEDE OSOL**

## Letters

**Who else would we underpay?**

**Re: 'Immigrate as in times past' (Metro, July 28)** Letter writer E. Campbell needs to understand that the reason we have upwards of 13 million illegal aliens in this country is that they are essential to the nation's economy. They fill menial jobs that no one else wants. They need to be kept illegal so they can be underpaid. If they were legal, they would demand decent wages and benefits. Besides, the legal immigration avenue is

only available to people with unique skills, e.g. in advanced science and technology, plus a few lottery winners from selected countries. And, of course, it's hard to prove you have unique skills at washing dishes, cleaning bedpans or picking tomatoes. If illegal aliens were to be deported en masse, the nation's economy would collapse. This fact rarely gets mentioned in the national debate on immigration, because that, like other national debates, is based not on facts, but on fiction, myths and rhetoric.

**PASQUALE G. TATO, VIA EMAIL**

**President has not been passive on deportations**

**Re: 'Letter writer right about cause of child immigrant crisis' (Metro, July 23)** Letter writer Julia Leez should think twice before jumping on to letter writer Kevin Metz's little bandwagon. First, the president has set records on deportation of illegals, so he's been far from passive there. Second, this whole situation could be resolved if

House Speaker John Boehner would grow a spine and bring comprehensive immigration reform for a vote in the House, given it has already passed the Senate and is supported by the public. Finally, Leez and Metz should reacquire themselves with the words on the great tablet cradled in Lady Liberty's arm; it doesn't say "Americans Only. Keep out!"

**JOSEPH CONNELL, VIA EMAIL**

**letters@metro.us**

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

**Sudoku: Easy and hard**

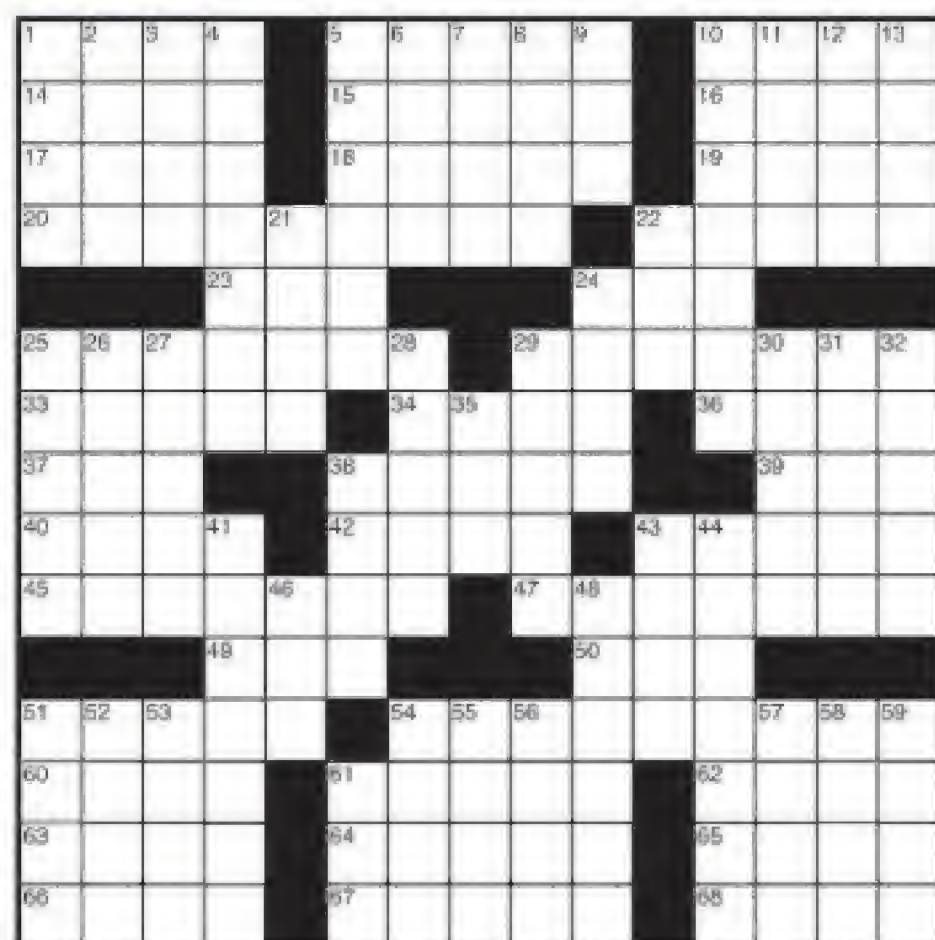
			5	8	9			
		4		6		8		
2	8				1			3
9						3	2	
	3		8	9	6		4	
8	7							1
4			6				5	9
	6			1		2		
		8	2		3			

		5			3	7		6
7			5			3	9	
3			7	9	6			
		9		7			5	
				1				
	4			6		8		
			8	5	1			3
	7	3			2			1
1		8	6			4		

**How to play**

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Crossword

**Across**

- 1 Ice-fishing need
- 5 Nomad dwellings
- 10 Intuition
- 14 Love, to Claudius
- 15 Inbox filler
- 16 Ferrara or Gance
- 17 Tighten a corset
- 18 Suitably
- 19 — monster
- 20 Chicken dish
- 22 Ms. Sarandon
- 23 New Year in Hanoi
- 24 I-70
- 25 Anthony of fiction
- 29 Fought like knights
- 33 Philosophy
- 34 Hi's comic-strip wife
- 36 Burrito alternative
- 37 Won — soup
- 38 Frogman's gear
- 39 Plant sci.
- 40 Blame
- 42 Wave maker
- 43 Stroll
- 45 Got to safety

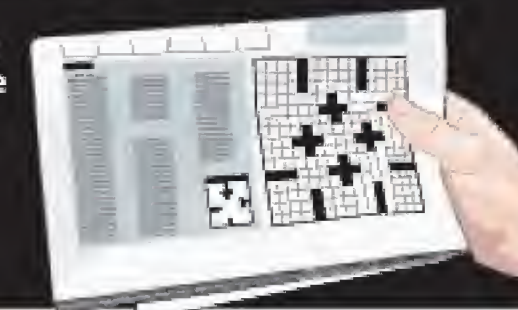
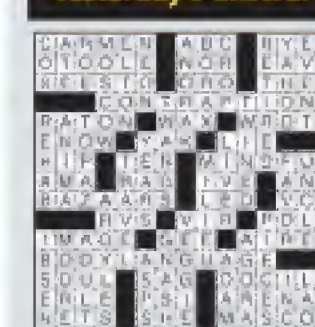
**Down**

- 1 Fair share
- 2 — Khayyam
- 3 Gene sites on a chromosome
- 4 Built
- 5 Dough raisers
- 6 Game officials
- 7 Evaluate
- 8 Linoleum square
- 9 Cunning
- 10 Sketchiest
- 11 Hieroglyphics bird
- 12 Banjo star — Fleck
- 13 Vitality
- 21 "Space" lead-in
- 22 Good name for a cook?
- 24 Sub — (secretly)
- 25 Cast member
- 26 Monotonous hum
- 27 Bright planet
- 28 Spanish hero (2 wds.)
- 29 Is in accord
- 30 Cat, informally
- 31 Quebec school
- 32 Was too fond
- 35 Belly dance lute
- 38 Short distance
- 41 Pimpernel color
- 43 "Rule, Britannia!" composer
- 44 Dowagers
- 46 Ms. Thurman of films



Visit us online at **Metro.us**.

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

**Yesterday's answer**

- 48 Baked item
- 51 Silica mineral
- 52 Leaning Tower town
- 53 Grades 1-12
- 54 Winter Olympics event
- 55 Fiesta cheers
- 56 Pie pans
- 57 Hematite yield
- 58 Pantyhose shade
- 59 Auto import
- 61 Snag

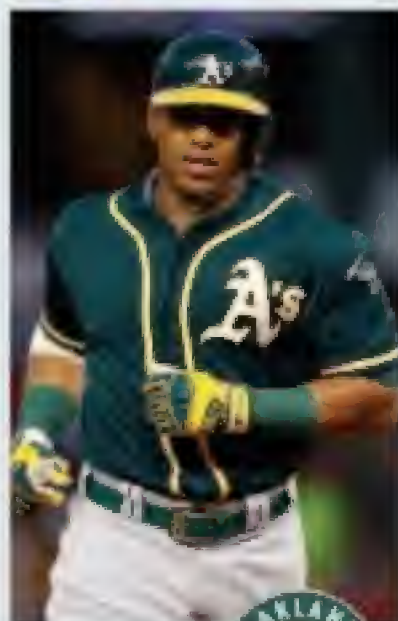


As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro Boston** 234 Congress St., 6th Fl., Boston, 02110 • **main** 617-210-7905 • **to advertise** 617-210-7905 • **National and Executive Sales Director** Ed Abrams • **U.S. Circulation Director** Joseph Lavieta • **U.S. Marketing Director** Wilf Maunoir • **email sales** adsboston@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor-in-Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing Editor** Mark Osborne, mark.osborne@metro.us • **National News Editor/City Editor** Jill Gadsby, jill.gadsby@metro.us • **Sports Editor** Matt Burke, matt.burke@metro.us • **Features Editor/Music Editor** Pat Healy, pat.healy@metro.us • **Deputy Features Editor, Home/Style/Food Editor** Tina Chadha, tina.chadha@metro.us • **Entertainment/TV Editor** Lisa Weidenfeld, lisa.weidenfeld@metro.us • **Film/Tech Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out/Travel Editor** Eva Kis, eva.kis@metro.us • **Careers/Education/Dating Editor** Lakshmi Gandhi, lakshmi.gandhi@metro.us • **Copy Chief** Tracie Michelle Murphy, tmichelle.murphy@metro.us



## MLB power rankings | by Ryan Hannable

No. 1



### Athletics (65-40)

Oakland's dominance has continued as it has a plus-166 run differential — almost 70 more runs than the next closest team in the AL. Sonny Gray has been outstanding from the mound as his 12 wins are tied for most in the AL. Competing in arguably the toughest division in baseball, there is no doubt the A's are the best team in MLB right now. Oakland will finish a road series with Houston before opening up a 10-game homestand.

No. 2

### Angels (63-41)



To think back to what a slow start the Angels got off to, it's incredible to see where they are at now — with the second-best record in all of baseball. Mike Trout now has 24 homers on the year.

No. 3

### Dodgers (59-47)



The Dodgers' starting rotation is already stellar, led by Clayton Kershaw and his 1.76 ERA. Still, Los Angeles is said to want to add to its starting rotation.

No. 4

### Brewers (30-22)



Milwaukee has dropped two straight to now only lead the Cardinals by 1 1/2 games. The positive is that Jonathan Lucroy continues to impress as he has a WAR of 4.7, which is third in the NL.

No. 5

### Orioles (58-46)



The Orioles are still atop the AL East despite their relatively subpar pitching staff. Nelson Cruz and Adam Jones, who has 64 RBIs this year, are the two players leading the Baltimore offense.

No. 6

### Tigers (57-45)



The Tigers have lost three straight, but even with that they still hold a sizable lead over the Royals. Miguel Cabrera continues to pace the offense with 81 RBIs, the most in the AL.

No. 7

### Giants (57-49)



San Francisco hasn't been able to score runs of late as in its last five losses it has posted five runs total. The Giants have a 10-game East Coast swing coming up.

No. 8

### Nationals (57-46)



Washington is still at the top of the NL East, but by just half a game as the Braves and Nats will be going back-and-forth for the remainder of the year. Washington's plus-74 run differential is best in the NL.

No. 9

### Braves (58-48)



Atlanta has picked up its play of late, having won three straight. Perhaps under the radar, right fielder Jason Heyward is having one of his best years as he has a 5.1 WAR, good for second in the NL.

No. 10

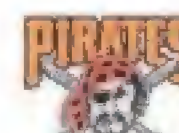
### Blue Jays (57-50)



The Jays have won six of their last seven and are hot on the trail of the O's. Jose Bautista has reached base in seven straight games, with a .423 batting average in that span.

No. 11

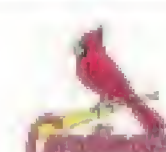
### Pirates (56-49)



Pittsburgh now sits just two games behind the Brewers in the NL Central. Andrew McCutchen's .311 batting average, fourth in the NL, has led the way this season.

No. 12

### Cardinals (56-48)



As many expected, St. Louis is right back in the thick of things. Pitching has been the key as Adam Wainwright's 13 wins and 1.92 ERA both lead the NL. St. Louis takes on Milwaukee this week.

No. 13

### Mariners (54-51)



The M's have dropped seven of 10 to fall double-digit games out of first in the AL West. Seattle is one of the teams rumored to covet pitching, so it would not be surprising to see them add an arm.

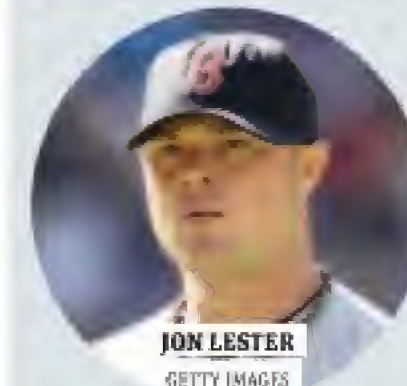
No. 14

### Royals (53-51)



With Detroit losing three straight games, it gave the Royals a chance to gain some ground — but they couldn't do so. One positive is that Greg Holland has the second-most saves in the AL with 27.

## MLB trade deadline



JON LESTER  
GETTY IMAGES

## Lester, Red Sox trade rumors whipping wildly

Red Sox starting pitchers Jon Lester and John Lackey are both firmly on the trade market and, according to ESPNBoston.com, there are up to 13 different players on the current roster that could possibly be dealt before Thursday's 4 p.m. non-waiver trade deadline.

Lester has become the headliner across baseball during this week of uncertainty and there is now a "he-said, she-said" scenario playing out in the media as Lester's agent shot down a Boston Globe report that the team had been told the dollar figures for what Lester was looking for in a contract and, in turn, the team put him on the trade market.

"The discussions we had with the Red Sox were confidential and will remain that way," Lester's agent Seth Levinson told ESPNBoston.com. "There is no truth to the report and I am not going to guess why it was written or the basis for that report."

The report suggested that Lester was looking for a new contract for around \$23 million annually.

MATT BURKE

## NFL

## Dennard back with Patriots

Patriots cornerback Alfonzo Dennard was back with the Patriots Tuesday after he spent the first few days of training camp on the physically-unable-to-perform list due to shoulder surgery in the offseason. It was a tumultuous offseason for Dennard, who served 35 days in jail in the spring after violating probation last year.

## metro CLASSIFIED DIRECTORY

To advertise please contact 866-900-9473 or [Bostonclassifieds@metro.us](mailto:Bostonclassifieds@metro.us)

## MEDICAL RESEARCH

To advertise call Steve Corcoran at 617-532-0120 or email [steve.corcoran@metro.us](mailto:steve.corcoran@metro.us)

- ☒ Search Clinical Trials
- ☒ Check Medical News
- ☒ Help Find a Cure

Check out our NEW website:

[ZipTrials.us](http://ZipTrials.us)

metro

## Life's Short Play Safe



**Boston STD Clinic**  
STD Testing & Treatment  
No Insurance - No Problem  
Walk-in or by Appointment

Shapiro Center  
725 Albany St. 9th Floor  
617-414-4081

BOSTON MEDICAL  
EXCEPTIONAL CARE. WITHOUT EXCEPTION.  
[www.bostonstdclinic.com](http://www.bostonstdclinic.com)

## Do you have Fibromyalgia?

Join our **Research Study** and be placed into:  
**Aerobic Exercise** or **Tai Chi Classes!**



Contact Tufts Medical Center  
(617) 636-8682  
[FMEEx@tuftsmedicalcenter.org](mailto:FMEEx@tuftsmedicalcenter.org)

Must be 21 or older & diagnosed with fibromyalgia



# MEDICAL RESEARCH

To advertise call Steve Corcoran at 617-532-0120 or email [steve.corcoran@metro.us](mailto:steve.corcoran@metro.us)

## Forsyth

### The Forsyth Institute

245 First Street, Kendall Square, Cambridge, MA 02142

#### 6-WEEK DENTAL RESEARCH STUDY

Individuals 18-70 years old are asked to join a 6-week study of a new liquid topical medication that may reduce gum inflammation and bleeding.

- Only 2 weeks of treatment with a follow up visit 4 weeks later
- Qualified people will come to the clinic daily (Monday through Friday) for product application by the study dentist
- Routine dental and gum exams
- Total of \$500 compensation (\$40 at each daily visits and \$100 at the end of the study)

Call or Email:

617.892.8600 | [clinicaltrialsinfo@forsyth.org](mailto:clinicaltrialsinfo@forsyth.org)

## metro CLASSIFIEDS

To place an ad call  
**866-900-9473**  
or visit us at  
**www.metro.us**

DEADLINE: 2 BUSINESS  
DAYS PRIOR TO  
PUBLICATION AT 6 PM.

## Survey Research Study



Are you 18 years of age or older and do you suffer from osteoarthritis (OA) of the hip or knee? We are looking for individuals to answer some questionnaires concerning their general health and help us to design better surveys for future research.

If you qualify for this study you will be asked to come to our office near Park Street in Boston and complete a series of questions.

This study does not require you to undergo any medical procedure or to see a doctor.

Qualified participants will be compensated \$100 for completing this 60-90 minute study.

To see if you qualify, please call PHT Corporation at 617-973-1748 or email PHT Corporation at [participate@phtcorp.com](mailto:participate@phtcorp.com)

## metro CLASSIFIEDS

To place an ad call 866-900-9473  
or visit us at **www.metro.us**

DEADLINE: 2 BUSINESS DAYS PRIOR  
TO PUBLICATION AT 6 PM.

## SEEKING OVERWEIGHT MEN AND WOMEN

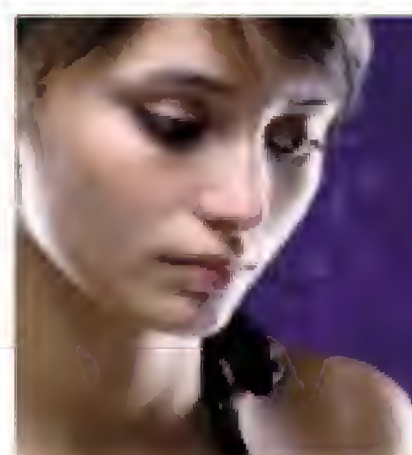


For a research study exploring the effects of hormones on bone health

INVOLVES 11 STUDY VISITS  
OVER 2 YEARS AND DAILY  
STUDY MEDICATION

Compensation up to \$4,000

Contact: Anu Gerweck, NP  
(617) 724-1837  
[overweight@partners.org](mailto:overweight@partners.org)



McLean HOSPITAL  
HARVARD MEDICAL SCHOOL AFFILIATE



HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL

## RESILIENT BRAIN STUDY

Healthy individuals ages 18 - 19

Receive up to \$225 for participation in a research study - Includes online questions, office interview and if eligible, MRI.

For Details Call Cindy 617-85-LEARN

Or Visit Our Website: [www.research-participate.com](http://www.research-participate.com)



**LEGAL & PROFESSIONAL SERVICES**

To advertise call Herman Miles at 617-532-0105  
or email herman.miles@metro.us

**WATERTOWN ROOFING**

 Established Since 1936  
**617-923-1959**

Not valid on prior jobs. With this coupon.  
Cannot be combined with other offers.

**\$250 OFF**  
Complete Strip &  
Roofing Job\*

**12 MONTHS**  
**SAME AS CASH!**  
Call for Details!

**SAVE 15%-25% ON ALL IN-STOCK SAFES**

**PISTOL BOX WITH DIGITAL LOCK**  
**\$179.95\***  
\*IN-STORE PURCHASE ONLY  
SALE ENDS 8/31/14

**BENTON LOCKSMITHS**  
233 FRIEND ST., BOSTON-NORTH STATION T STOP  
HOURS: M-F 8-5 SAT 9-1 617-523-0787

**STOP** **ATTORNEY STEVEN STRIFFLER**  
**BANKRUPTCY**  
**FREE Phone Consultation**  
**CALL NOW**  
**617-607-3503**

• STOP Harassing Phone Calls • STOP Foreclosure  
• STOP Repossession • KEEP Your Property  
• ELIMINATE 2nd & 3rd Mortgages / ELIMINATE credit card debt

21 McGrath HWY, Ste. 301, Quincy www.quincybankruptcy.com

**CHILD SEX ABUSE VICTIMS**

NEW MASS LAW EXTENDS TIME  
FOR OBTAINING JUSTICE AGAINST  
THOSE WHO HARMED YOU.  
MORE INFORMATION AT  
[www.dursolaw.com](http://www.dursolaw.com)

**Have You Been Denied Benefits?**

Call Boston Disability  
SSDI.....SSI Specialists  
30 Years Experience  
Hablamos Español

**Free Case Evaluation**  
**617-898-0801**  
[www.bostondisability.com](http://www.bostondisability.com)

**SOCIAL SECURITY DISABILITY**  
**VETERANS DISABILITY**  
No Fees unless successful... Home Visits Available

**(617) 913-6200**  
Graham N. Wright, Esquire  
Law Offices of Graham N. Wright  
21 McGrath Highway, Suite 201, Quincy, MA 02169  
gnwrightesq@gmail.com

**If you're injured you need**  
**AGGRESSIVE and EXPERIENCED help!**

**Boston's Injury Attorney** Over 20 years of Legal Experience  
We Do Home Visits • Se Habla Espanol • Initial Consultation FREE!

• Workmen's Compensation • Motor Vehicle Accidents • Social Security Disability • Slip & Falls

**The Law Office of Robert E. Frawley**  
**617-523-2929** [www.frawleylaw.com](http://www.frawleylaw.com)  
44 School St. Suite 300, Boston

**FREE CONSULTATION • NO FEE UNLESS SUCCESSFUL**

**Personal Injury Law**

- Auto Accidents
- Asbestos Exposure
- Death Cases
- Slip & Fall Accidents
- Workers' Compensation

We Will Travel To You  
Call Now - We Are Easy To Talk To!  
**(617)-367-2900**  
[www.jeffreysglassman.com](http://www.jeffreysglassman.com)

LAW OFFICE OF JEFFREY S. GLASSMAN

**IMPORTANT INFORMATION:**  
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance of Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reschedule an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason for any error or omission in any ad.

**SERVICES**

**REDUCE YOUR CABLE BILL!**

Get an All-Digital Satellite System installed for FREE and programming starting at \$19.99/mo. FREE HD/DVR upgrade for new callers,  
**SO CALL NOW**  
**877-356-0525**

**Permanent Makeup**  
**Beautiful Eyebrows,**  
**Bigger Eyes & Fuller Lips**  
**Save Money and Time**  
**Look Years Younger**  
**Angelbabe.com**  
**781-235-0111**

**SERVICES**

**BOOST LUX**

Boost Lux is Boston's #1 provider of luxury black car transportation. We offer exceptional customer service and competitive prices! Let us carry you safely and comfortably to your destination!

For more information on or to book a ride, check us out...  
Online- [www.BoostLux.com](http://www.BoostLux.com)  
Email- [info@boostlux.com](mailto:info@boostlux.com)  
Phone: (617) 955-1938  
receive 20% off when you mention this ad

**metroCLASSIFIEDS**  
To place an ad call 866-900-9473

**REAL ESTATE**

Real Estate for Sale Real Estate for Sale Real Estate for Sale

**ADMIRALS TOWER CO-OP & CONSTITUTION CO-OP**  
**SENIOR LIVING AT ITS BEST!**

Affordable senior apartments located on the beautiful grounds of Admiral's Hill in Chelsea, and on the Freedom Trail in Charlestown. These active senior housing co-ops are within walking distance to, shopping, banks, churches and are on MBTA bus lines.

Features such as...

- Large studio and 1 bedroom apartments
- Scenic views of the Boston skyline
- Plenty of space for outdoor relaxation
- Emergency Response Person living on site, on call
- On site laundry facilities and air conditioning
- Large community room with many social events

**Social activities include: Bingo, Luncheons, Holiday Parties & More!!**

Rent is based on 30% of income (income limits apply) to qualified seniors 62 and older and to younger persons who are mobility impaired requiring the special design features of accessible units.

Call 1-800-225-3151 • [www.csi.coop](http://www.csi.coop)

**PROVIDING HIGH QUALITY AFFORDABLE HOUSING FOR SENIORS.**

**CAREER TRAINING**

**HIGH SCHOOL DIPLOMA FROM HOME**  
6-8 weeks accredited • Get a Future!  
Call 24/7 for FREE brochure  
**1-800-264-8330**  
[www.diplomafromhome.com](http://www.diplomafromhome.com)  
**Benjamin Franklin High School**

**metroCLASSIFIEDS** To place an ad call 866-900-9473 or visit us at [www.metro.us](http://www.metro.us)

**ITEMS WANTED**

Cash for Records  
Wanted  
33Lps & 45s  
George  
617-633-2682

  
Cash for Records

**Item Wanted**


**Top \$\$ Paid For Guitars**



We buy ALL Musical Inst.  
Guitars, Saxes, etc.  
We travel & PU  
Cash on the spot!  
**617-594-3255**

**MISCELLANEOUS**

**Pathway Wellness Spa**



**Be COOL!**  
Let the warm hands of our beautiful therapists DEEP Tissue massage the summer heat right out of you!

We offer the best massage in Boston and we are always... COOL!

**Sunday Special:**  
\$50.00 for 60 minutes.  
Hours: 10am - 9:30pm  
**617-481-2569**

Two beautiful therapists from China take care of business giving you the "Best massage in Boston Area"

Free on/off Street parking  
33 Fayette St., Quincy, MA

**Seasonal allergies out of control? We can help**

Your home deserves

**Titan**  
**PLUMBING & HEATING**  
Plumbing -HVAC-Drain Cleaning  
**781-438-3100**  
[www.TeamTitanPlumbing.com](http://www.TeamTitanPlumbing.com)  
MA Corp# 3296 • MA Master # 13568



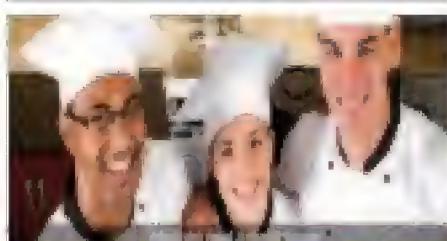
## Miscellaneous

## Tax Problems

617-335-2988  
EX IRS Revenue Agent  
CPA  
www.davidrootcpa.com

## JOBS

## General Help Wanted



## CALLING ALL COOKS!

WORK FULL OR PART TIME  
WORK IN HOSPITALS,  
UNIVERSITIES,  
HOTELS, CORPORATE  
CAFETERIAS & MORE



38 Rogers Street, South Boston  
call 857-488-8988  
info@snapchef.com

## JOBS

## General Help Wanted

## Field Staff Needed

for New Humanitarian  
Campaign  
Help Save Lives  
Across the World -  
Raise Money For  
Doctors Without Borders  
Earn \$440-\$620 a week.

## Full-Time / Career

CALL Mary at  
(617) 338-7882

## PSYCHICS

## POWERFUL HOLY INDIAN ASTROLOGER &amp; SPIRITUALIST

Specialist in Palm Reading, Horoscope and date of birth  
Reading, open book & patra Reading

Specialist: in Bringing Loved ones Back

IF YOU HAVE A PROBLEM HE HAVE A SOLUTION

For Enemy \*Health \*Family \*Marriage \*Children  
\*Business \*Husband & Wife Relationship

He is an Expert in: destroying & Removing, Black magic,  
witchcraft, obeah, all bad luck & gives life long protection etc..

Call FOR APPOINTMENT  
GURU SAI RAM 781 266 6881  
Massachusetts

## CARS

Junk or  
Repairable Cars  
Wanted  
\$350 - \$5500 & up  
781-606-1271



Extra Cash paid for  
Hondas, Toyotas, & Nissans  
Any Location, Anytime  
towingcarsusa@yahoo.com

## General Help Wanted

Top \$\$\$ paid for  
Junk Cars

We buy all models,  
years and makes!  
Cash on spot!

\*more \$\$\$ paid for  
Honda, Toyota and  
Nissan

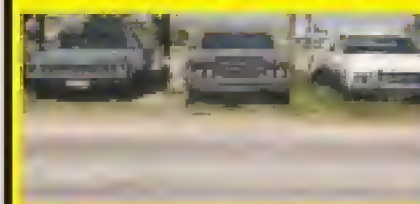
Call us today to get  
a free quote!!!

508-6415961



\*Free  
Towing

Get up to  
\$1,000 cash  
for your Junk car  
pick up time.  
Free towing,  
same  
day pick up.  
Call today!  
617-818-9909



We pay more for Toyota's,  
Honda's and Nissan's  
No Title... No problem

## LEGAL NOTICES

Do you have a legal notice  
that you need to publish?

Metro is a newspaper of record  
with the Suffolk Probate, Middlesex  
Probate and Land Court!

Publishing your notices with Metro will  
satisfy your legal obligation and can save  
you money in the process!

Do you need to publish a notice for:

- Mortgage Sale of Real Estate
- Public Notice
- COB Liquor License
- Licensing Board
- Notice of Public Hearing
- Divorces
- Care and Protection of Parental Rights
- Notice of Sale of personal Property
- Transportation
- Order of Notice

Contact the Metro today and find out how  
we can help while saving you money!

**Herman Miles: 617-532-0105**

## MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Rempanneau Dugard aka Dugard Rempanneau to Cornerstone Mortgage Corporation, dated October 23, 2003 and recorded with the Suffolk County Registry of Deeds at Book 33189, Page 237, subsequently assigned to Mortgage Electronic Registration Systems, Inc. as nominee for, GMAC Mortgage Corporation, its successors and assigns by Cornerstone Mortgage Corporation, by assignment recorded in said Registry of Deeds in Book 33189, Page 254, subsequently assigned to GMAC Mortgage, LLC by Mortgage Electronic Registration Systems, Inc., by assignment recorded in said Registry of Deeds in Book 46203, Page 142, subsequently assigned to Green Tree Servicing LLC by GMAC Mortgage, LLC by assignment recorded in said Registry of Deeds in Book 51672, Page 185, of which the Mortgage the undersigned is the present holder, for breach of the conditions of said Mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 12:00 PM on August 6, 2014 at 68 Stanton Street, Boston (Dorchester District), MA, all and singular the premises described in said Mortgage, to wit:

The land in said Dorchester, said County and Commonwealth, namely, the land with the buildings thereon, situated in that part of Boston called Dorchester, being the estate numbered 68 Stanton Street and being called lot C on the plan by H.T. Whitman, et al, Surveyor, dated September, 1897, recorded with Suffolk Deeds, Book 4141, Page 163, and bounded and described as follows:

WESTERLY on said Stanton Street, forty-two (42) feet;

NORTHERLY by Lot B on said plan, one hundred thirty-six and 90/100 (136.90) feet;

EASTERLY by land now or formerly of Porter E. Cummings forty-two and 63/100 (42.63) feet; and

SOUTHERLY by Lot D on said plan, one hundred thirty-five and 10/100 (135.10) feet;

Containing, according to said plan, 5,714 square feet of land.

For my title see deed dated April 29, 1977 and recorded at said Registry in Book 5950, Page 511.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

## TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check or bank treasurer's check will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Green Tree Servicing LLC  
Present Holder of said Mortgage;  
By its Attorneys,  
ORLANDO MORAN PLLC  
P.O. Box 540540  
Waltham, MA 02454  
Phone: 781-790-7900

7/16, 7/23, 7/30/14

**metro CLASSIFIEDS**

To place an ad call 866-900-9473  
or visit us at [www.metro.us](http://www.metro.us)

# VERIZON CAREERS AVAILABLE TODAY.

We believe in the power of technology to solve just about anything.  
And we've put our sharpest minds to the task. That's the kind of work  
we do. And you can be a part of it.

Opportunities exist in **Boston, MA** for:  
**FULL-TIME RETAIL SALES - JOB ID# 353328**  
**PART-TIME RETAIL SALES - JOB ID# 352734**

Enjoy benefits worthy of the name Total Rewards including:

- Medical, dental and vision from day one
- Company matching 401(k)
- Award-winning training
- Paid vacation and holidays
- Tuition assistance up to \$8,000 per year

Visit [verizon.com/jobs](http://verizon.com/jobs) to apply today.

Verizon is an equal opportunity and affirmative action employer M/F/Disability/Vet.



call  
617-367-0400 or  
1-888-344-MASS(6277)  
visit  
findmassmoney.com

1 IN 10 PEOPLE HAVE  
UNCLAIMED MONEY.

The State Treasurer's Office  
oversees over \$2 billion  
in unclaimed money.

Find out if some of it is yours!

Commonwealth of Massachusetts  
Department of the State Treasurer



LIKE US ON  
FINDMASSMONEY



FOLLOW US ON  
@FINDMASSMONEY



UNCLAIMED PROPERTY DIVISION

